

GLOBAL HEALING INSTITUTE

Advanced Recovery, Detox & *Wellness Program*

Designed to support homeostasis.



ADVANCED TERRAIN & WELLNESS

REPAIR | RESTORE | RENEW

January 28, 2025

Welcome to The Advanced Terrain & Wellness Program - Repair, Restore, Renew, where we embrace a comprehensive approach to healing that acknowledges the intricate cellular connection between mind, body, and spirit and the importance of addressing whole-terrain health and wellness. This program is a result of over 25+ years of cutting-edge information and research provided to you as you walk your transformative path toward reclaiming your health and vitality.

This program is specifically designed and recommended **to support homeostasis by** detoxing and repairing the body.

We have never been in a situation like the one we are currently in. We are dealing with Human 2.0, AI, and levels of synthetic biology that have never been seen or studied before. To our knowledge, we are the only team in the world identifying these synthetic genetically modified organisms and toxins, nanotech, metals, parasites, toxic congested livers, toxic and altered gut microbiome, EMFs, and their effect on our biological systems and how they are affecting our mind, body, and soul. This program is designed to work on all of the multiple vectors we have identified that are causing harm to the body.

Note: This is a living and ever-changing document that changes according to research and the rapid changes in our external and internal environments and the world. We update this according to our current research to help with the detoxification and cleansing process, with the ultimate goal of reactivating your body's self-healing mechanism. The following recommendations are exactly what Dr. Group is doing and feels is the best possible solution for preserving our health, preventing the transhumanism agenda, and creating optimal wellness.

How do you take the supplements? Every person has a different health situation and a different daily schedule. These are general guidelines that your natural healthcare practitioner can modify. Also, people will have different levels of toxicity. This is why we give general guidelines and recommendations so you can evaluate your status and create a flowchart that fits with your daily lifestyle and the best times for you to take the supplements. Also, if you experience headaches or detox symptoms, you can modify the program and take half the supplements one day, the rest the next day, or take a few days off to recover.

Your body possesses an extraordinary healing capacity—a power often underestimated. For instance, in just nine months in the womb, you developed from two cells into trillions

of living, breathing cells. This remarkable process underscores your body's innate healing potential that has been given to you by the Creator.

However, to unleash this healing power, you must address your internal and external terrain and toxic thoughts, chemicals, and stressors that hinder your natural healing ability. Removing these barriers creates an environment and terrain conducive to cellular restoration and overall well-being.

I firmly believe that a disease diagnosis presents an opportunity for profound growth and overall transformation. It's a chance to shift your thinking patterns, deepen your connection with the Creator, and master your mind, body, and emotions. While it may be difficult to see initially, many individuals who have overcome chronic diseases have attested that their diagnosis served as a catalyst for positive change in their entire terrain, leading them to embrace a new way of life that far surpasses anything they had experienced before.

In this program, you will address the physical, mental, and spiritual aspects of your body's natural healing mechanism. You will embark on a journey of self-discovery, empowerment, and healing. With total dedication, faith, and the right support, you can overcome this challenge and emerge stronger, healthier, and more vibrant than ever before. I've seen it happen many times! It's time for you to get started!



Supplements and Wellness Recommendations

> **Urotherapy:** A 5000-year-old solution for potentially all harmful conditions and detox. Before you think this may be crazy or even gross, you must spend a few hours reading this book: "Your Own Perfect Medicine" by Martha Christie. This book may have answers to blood clotting, infection, or damage from a disease, poison, harmful bioweapon, or toxin.

<https://urotherapyresearch.com/wp-content/uploads/2021/10/pdf/your-own-perfect-medicine-martha-christy.pdf>. Your body produces antibodies and antidotes to all invading organisms and poisons, and those natural substances come out through your urine. Your body knows what it needs to heal itself, and what your body needs is contained in the golden nectar of your urine. This is one of the most guarded secrets of the dark forces at work. Its proponents believe that over time, drinking your own urine can eradicate any health condition you may have. This is one of the most powerful therapies for brain abnormalities.

Directions for use: First-morning urine. Wait 3 seconds after starting urine flow and then catch about 3-6 ounces mid-stream. Drink straight, or you can mix in fruit juice and drink. If this is too much for you to handle, start by putting 9-12 drops of your urine in

your mouth, holding it under the tongue for 1 minute, and then swallowing. Slowly work your way up to drinking 1-3 ounces of mid-stream urine every time you urinate throughout the day.

> **Must Watch:** Great Videos On Urotherapy:

<https://www.youtube.com/watch?v=ud5ajT0yns4&t=460>

https://www.youtube.com/watch?v=DA_KhQGIBDI&t=1948s

> **MOST IMPORTANT!! > Cancer Liver Cleanse:** Do this every third day until the liver is clean - usually, this takes 9-18x. Eat healthy during the day. No food after 4 pm. Before bed, mix the following in a mason jar, blender, or magic bullet:

> Add 3 ounces of organic cold-pressed olive oil or organic avocado oil or a mix ½ of both.

> Add 1 teaspoon organic black seed oil.

https://www.amazon.com/gp/product/B073RMKWYZ/ref=ppx_yo_dt_b_search_asin_title?ie=UTF8&th=1

> Juice of 1 fresh organic lemon.

> ½ bottle of Global Healing Liver Health formula.

> Add ½ ounce of your first-morning midstream urine (optional but works better).

> ½ inch of Dur-Vet Ivermectin Paste.

<https://www.amazon.com/Durvet-Duramectin-Equine-Wormer-Paste/dp/B01EP4TPNY>

> Crush a 750 mg tablet of Fen Ben from the Happy Healing Store and add to mix.

<https://thehappyhealingstore.com/>

> Add 9 drops of DMSO. Purchase here:

<https://www.amazon.com/Dimethyl-Sulfoxide-99-9-Pharmaceutical-8-45oz/>

> Empty 6 capsules of supercharged C60 to the mix:

<https://globalhealing.com/products/supercharged-c60>

> Add 1 teaspoon organic raw apple cider vinegar (Fairchild's brand)

> Blend all ingredients in a blender with a glass container until mixed or shaken well.

Drink, and then lie on the right side for 30 minutes with knees bent up toward the chest.

> **MICROSOMAL™ FOREIGN PROTEIN CLEANSE**

Take 1 dropperful 2x daily or put in capsules to avoid taste. MicroSomal™ Foreign Protein Cleanse is exquisite, potent, and rapid delivery. This remarkable blend encapsulates a harmonious symphony of bioactive and MicroSomal™ compounds

containing Organic Glycerin, Triple Distilled Biophotonic water, Organic Lemon Balm (Melissa), Mucuna seed extract 15% L dopa, Organic Licorice root (glycyrrhizin), Wildcrafted Lobelia (Indian Tobacco), Organic Cassia cinnamon, Wildcrafted Wormwood-sesquiterpene lactones, Organic Aromatic Turmerone oil, SuperCharged C60, Citicoline (also known as CDP-Choline), Liquid NanoGold Concentrate and cuprous nicotinic acid, carefully formulated to elevate overall well-being, unleash foreign protein debris (Bioweapon Particles), facilitate optimal recovery, and sharpen immune prowess.. <https://globalhealing.com/products/foreign-protein-cleanse>

Special instructions: Can also be taken with or without meals and taken with all other supplements on this list except EDTA.

> **Oxy-Powder (Tesla's Gut Health Product):** Take 4-6 capsules at night every other day or every third day to keep your intestines clean. Put some organic lemon juice or raw apple cider vinegar (I like Lucy's ACV) in your distilled water to get the best results. Your stools may be soft or liquid - this is normal and will not cause dehydration or an electrolyte deficiency. This oxygen-based gut health cleansing product uses oxygen to dissolve and melt away toxic compacted fecal matter. Please read more about Oxy-Powder and the reviews at <https://globalhealing.com/oxy-powder>

Special instructions: Should be taken at bedtime before sleep.

> **Organic Nascent Iodine (Detoxadine):** Take 2 dropperfuls 2x daily- in the morning and afternoon. **Always take GH Liquid Selenium with Detoxadine.**

<https://globalhealing.com/products/detoxadine>

Special instructions: Iodine can be taken on an empty stomach or with meals and can be taken with all other supplements on this list except EDTA and Boron. Best to not consume 2 hours before bed because iodine may give you energy and could cause difficulty going to sleep.

> **Supercharged C60 or C60 (Carbon Nano Onions):**

<https://globalhealing.com/products/supercharged-c60>

Take 2 capsules, 2x daily. Learn more about carbon nano-onions at

<https://grafexsuperc60.com/>

Special instructions: Best results are achieved if taken on an empty stomach. It can also be taken with meals and with all other supplements on this list except EDTA.

> **Ultimate Cellular Health:** Take 2 capsules daily before noon with or without food.

Ultimate Cellular Health is an advanced, high-performance formula that protects your health at the cellular level. It's an all-in-one formula that supports and protects DNA and telomeres and contains powerful mitochondrial recovery ingredients. This remarkable blend encapsulates a harmonious symphony of bioactive compounds containing

Quercetin Phytosome, Immunell™ Nucleotides (Proprietary Nucleotide Blend [Min. 50% mixed 5'-Ribonucleotides; Guanosine-5'-monophosphoric acid

(GMP), Adenosine-5'-monophosphoric acid (AMP), Uridine-5'-monophosphoric acid (UMP), Cytidine-5'-monophosphoric acid (CMP), Spermidine 3HCl, Transresveratrol, NADH (PANMOL®-NADH), Fisetin, NAD+, Pyridoxal 5' phosphate (P5P), BioPQQ, Cuprous Nicotinic Acid and ORMUS minerals. This is the ultimate anti-aging and regeneration formulation. Read more about Ultimate Cellular Health at <https://globalhealing.com/products/ultimate-cellular-health>

Special instructions: It can also be taken with or without meals and with all other supplements on this list except EDTA.

> **Ultimate Enzymes (Digestive and Systemic Enzymes):** Take 4 capsules daily before lunch or dinner. Helps prevent abnormal clotting and fibrin buildup.

<https://globalhealing.com/products/ultimate-enzymes>

Special instructions: It can also be taken with or without meals and with all other supplements on this list except EDTA.

> **Aloe:** Take 2 capsules 2x daily

<https://globalhealing.com/products/aloe-vera/>

> **Organic Freeze Dried Sprouted Supergreens (Living Nutrients, Prebiotics, and Fiber):** Take 1 tablespoon mid-morning and 1 tablespoon mid-afternoon.

<https://globalhealing.com/products/greens-powder>

Special instructions: Can be taken with all other supplements on this list except for EDTA.

> **The Ultimate Probiotic:** Take three capsules two times daily.

<https://globalhealing.com/products/probiotic>

Special instructions: Can be taken with all other supplements on this list except for EDTA.

> **Latero Flora:** Take four capsules two times daily. A unique spore-based bacteria called Bacillus Laterosporus specifically found and researched to attack yeast and candida in the body. Highly effective for detoxing these parasites.

<https://globalhealing.com/products/latero-flora>

Special instructions: Can be taken with all other supplements on this list except for EDTA.

> **Organic Plant-Based Zinc:** Take 1 dropperful in the morning with food and 1 dropperful in the afternoon with food.

<https://globalhealing.com/products/zinc>

Special instructions: Best if taken with meals. Can take with all other supplements on this list except for EDTA and Iodine.

> **Vitamin D3:** Take 5000 IU 2x daily

<https://globalhealing.com/products/vitamin-d>

Special instructions: Can be taken between meals, with or without food, and all other supplements on this list except for EDTA.

> **Organic Selenium:** Take 1 dropperful with each dose of Detoxadine.

<https://globalhealing.com/products/selenium>

Special instructions: Can be taken between meals, with or without food, and all other supplements on this list except for EDTA and Boron.

> **MicroSomal™ Calcium Di-Sodium EDTA:** Take 1 dropperful midmorning and 1 dropperful midafternoon on an empty stomach. Take 3 days on and one day off for 30 days. <https://globalhealing.com/products/calcium-disodium-edta>

Special instructions: Take as listed above, not with any other supplements.

> **MicroSomal™ Boron:** Take a dropperful in the mid-morning and a dropperful in the mid-afternoon. <https://globalhealing.com/products/boron>

Special instructions: Can be taken between meals, with or without food, and all other supplements on this list except for EDTA, Iodine, and Selenium.

> **MicroSomal™ Toxin Binder:** Take 2 dropperfuls 2x daily in morning and afternoon. Best taken on an empty stomach. Special order for free until officially launched. Please contact gabriel@globalhealing.com to order.

> **MicroSomal Paratrex II:** Take 2 dropperfuls 2x daily. Special order for free until officially launched. Please contact gabriel@globalhealing.com to order. **Special instructions:** It can also be taken with or without meals and with all other supplements on this list except EDTA.

> **Black Seed Oil:** Take 1 ounce every other day anytime.

https://www.amazon.com/gp/product/B073RMKWZ/ref=ppx_yo_dt_b_search_asin_title?ie=UTF8&th=1

> **Premium Annatto Vitamin E:** Take 2 capsules 2x daily

https://www.amazon.com/gp/product/B0BYLCGYL1/ref=ppx_yo_dt_b_search_asin_title?ie=UTF8&th=1

> **Fenbendazole – FenBen Pure:** Take 4 days on and 3 days off. Build up to 2000mg (1000mg in the morning and 1000mg in the evening). Must be taken with a healthy fat such as avocado or organic almond butter or right after a meal that contains healthy fats. > Must watch this video: **Cancer Hope Via Fenbendazole:**

<https://www.youtube.com/watch?v=x8AcAE0eJfM>

<https://thehappyhealingstore.com/>

> **Dur-Vet Ivermectin Paste** - ½ inch with a healthy fat. Take every 3rd day.

<https://www.amazon.com/Durvet-Duramectin-Equine-Wormer-Paste/dp/B01EP4TPNY>

> **Nicotine Patch:** Wear a 2.5- 7mg nicotine patch daily. Use the Rugby brand.

> **Ozonated Activated Charcoal:** 2 Capsules 2x daily on an empty stomach.

<https://globalhealing.com/products/activated-charcoal/>

Special instructions: Best results are achieved if taken on an empty stomach. Can also be taken with meals and can be taken with all other supplements on this list except EDTA.

> **Methylene Blue / Gold:** Suggested 15 drops 1x daily in a capsule on weekdays and take weekends off. Take before 2 pm. Earth Harmony Methylene Blue is Pharmaceutical USP Grade 99.99%. This product also contains nano-liquid gold for enhanced photodynamic and delivery activity. This methylene blue supplement can support mitochondrial efficiency, deactivate harmful organisms, and support the production of ATP, resulting in more cellular energy for the body to use. Methylene blue is also a powerful antioxidant that can help eliminate free radicals and promote a longer lifespan of cells. Slows cellular aging and enhances mitochondrial function, potentially allowing those with the diseases to live longer, healthier lives.

<https://earthharmony.com/products/methylene-blue>

> **Distilled Water:** You must drink ¾ to 1 gallon of Distilled room temperature water each day when you are doing this program. Distilled water will leach and bind the inorganic or harmful toxins and poisons from your body. It will not leach organic minerals from your body. What we have been told about distilled water being bad for you is a deception and lie. Learn why distilled water should be the only water you drink. After 18 days, it is recommended to drink distilled water 80% of the time. If you want organic minerals, squeeze ½ - 1 organic lemon in water.

<https://globalhealing.com/pages/distilledwaterbenefits>

> **IMPORTANT:** Men need to abstain from ejaculation while doing this program.

> Practice deep earth pulsing 2x daily for 15 minutes each:

<https://youtu.be/TY74qkWIxDc?si=hDogl9oAH5R6SC0X>

BIO-DYNAMIC FOOD COMBINING DIET

For more information: [Bio-Dynamic Nutrition Course](#) with Dr. Edward Group, DC

What you eat can significantly affect your body's ability to prevent abnormal tissue growth. In fact, according to the American Cancer Society (ACS), at least 18 percent of all cancers and 16 percent of cancer deaths in the United States are related to lifestyle factors, including poor nutrition.

I believe and have witnessed that a healthy, plant-based diet is the best way to help fight and even eliminate some abnormal, unhealthy conditions. In fact, it was found that combining certain foods can maximize healthy cell protection. For instance, broccoli and tomatoes in the diet may maximize the amount of protection both foods afford, according to research presented by Dr. John Erdman at the AICR International Research Conference in Washington, D.C. last month. Both of these foods contain plant chemicals that have been shown to fight abnormal cells - broccoli's glucosinolates and the lycopene found in tomatoes have been touted as powerful compounds on their own. Lycopene is an antioxidant, and glucosinolates break down into compounds that help enzymes flush carcinogens from the body before they can do harm.

Dr. Erdman's team wanted to study whole food combinations "to learn more about real diets eaten by real people." Dr. Erdman noted that the interaction phenomenon was not unique to tomatoes and broccoli. "This interactivity is likely taking place in any diet high in various plant foods - fruits and vegetables." An experimental study published by the United Kingdom-based Institute of Food Research found that two food components recognized for their potential cancer-protective effects were found to have a much bigger impact on genes that play a role in the formation, progression, and spread of abnormal growths when combined. The two food components, sulforaphane (a glucosinolate) from broccoli paired this time with selenium, were many times more effective agents when put to work together.

In addition to broccoli, Brassica vegetables such as cauliflower, cabbage, kale, and Brussels sprouts are good sources of glucosinolates. At the same time, selenium is found in particularly high levels in Brazilian nuts, shellfish, mushrooms, and broccoli. The results are a good reminder that there are many

nutrients and chemicals in whole foods, and abnormal cell growth protection likely comes from their complex interactions rather than just from isolated compounds. Taking a multi-nutrient supplement daily is an excellent strategy to make up for dietary shortfalls of nutrients and to obtain more optimal intakes of nutrients known to be necessary, such as selenium and lycopene.

BOOKS & VIDEOS

With one day's reading, a man may have the key in his hands. – Ezra Pound

This reading list is provided to increase your knowledge in various areas of natural medicine and healing your terrain. Some of these books may not be in print, so if you can find a copy, I suggest purchasing it. I do not necessarily agree with all the information presented in the books listed below, nor do my team and I have the time to screen each book for complete accuracy. These are books we have read or have been suggested to us. While we have found them very interesting and encouraging, they are not always 100% accurate. I hope you discover many thought-provoking, encouraging, hopeful, and educational messages in these books. Enjoy!

Dr. Edward Group, DC

HOPE FOR CANCER ebook. Dr. Edward Group, DC & Loretta Lanphier, NP.

Email drlanphier@globalhealinginstitute.org with your email address, and she will send you a free PDF copy.

A Cancer Therapy – Max Gerson, M.D.

Alternative Medicine – Definitive Guide To Cancer – John Diamond, et al.

Alternative Medicine – The Definitive Guide (editions 1 & 2) – Burton Goldberg

Beating Cancer With Nutrition – Quillin

Beware Of The Coming Food Apocalypse! GMO's – Greg Ciola

Body's Many Cries For Water – F. Batmanghelidj, M.D.

Cancer Cover-Up – Kathleen Deoul

Cancer Diagnosis – What To Do Next – John Diamond & Lee Cowden

[Cancer Diagnosis: Ten Things To Do Next](#) - Loretta Lanphier, NP, BCTN, CN, CH

Cancer: The Path To Healing (article) - Loretta Lanphier, NP, CN, CH

Change Your Mind, Change Your Life – Gerald G. Jampolsky, M.D.

Definitive Guide To Cancer – Diamond, Cowden, Goldberg

Detoxify or Die – Sherry A. Rogers, M.D.

Dissolving Illusions - Humphries, M.D. & Bystriany

DMSO Nature's Healer – Dr. Morton Walker

Essiac – Cynthia Olsen

Feelings Buried Alive Never Die – Karol K. Truman

Fighting Radiation And Chemical Pollutants – Steven R. Schechter, N.D.

Folk Medicine – D. C. Jarvis, M.D.

Getting Started on Getting Well – Lorraine Day, M.D.

Healing Celebrations – Leonard Horowitz

Healing Codes of the Biological Apocalypse – Leonard Horowitz

Healing Feelings.From Your Heart – Karol K. Truman

Health Myths Exposed – Shane Ellison, M.Sc. Healthy Living – Rex Russell, M.D.

Herbs of the Bible: 2000 Years of Plant Medicine – James A. Duke, Ph.D

Love Is Letting Go of Fear – Gerald G. Jampolsky, M.D.

Love Is The Answer – Gerald G. Jampolsky, M.D. & Diane V. Cirincione

Maximum Fat Loss – Ted Broer

Miracle Sugars – Rita Elkins, M.H.

Mommy Diagnostics – Shonda Parker

MSM – The Definitive Guide – Stanley W. Jacob, M.D. & Jeremy Appleton, N.D.

Natural Cures "They" Don't Want You To Know About – Kevin Trudeau

Naturally Healthy Pregnancy – Shonda Parker

Nourishing Traditions – Sally Fallon with Mary G. Enig, Ph.D

Overdosed America – John Abramson, M.D.

Politics In Healing – Dan Haley

Prescription For Natural Cures – James F. Balch & Mark Stengler

Selling Sickness – Ray Moynihan & Alan Cassels

Square Foot Gardening – Mel Bartholomew

Staying Healthy With Nutrition – Elson Hass, M.D.

Sugars That Heal – Emil I. Mondo, M.D. & Mindy Kitei

Telling Each Other The Truth – William Backus

The Cancer Cure That Worked! – Barry Lynes

The Cancer Industry – Ralph Moss

The China Study – T. Colin Campbell, PhD
The Coconut Diet – Cherie Calbom and John Calbom
The Complete Book of Essential Oils & Aromatherapy – Valerie Ann Worwood
The Complete Cancer Cleanse – Calbom, Calbom & Mahaffey
The Cure For All Advanced Cancers – Hulda Clark
The Cure For All Cancers – Hulda Clark
The Curious Man – Hans A. Nieper, M.D.
The Green Body Cleanse - Edward Group, DC
The Healing Power of the Christian Mind – William Backus
The Menopause Industry – Sandra Coney
The Message From Water (I, II, III) – Masaru Emoto
The Truth About The Drug Companies – Marcia Angell, M.D.
The Virus And The Vaccine – Debbie Bookchin & Jim Schumacher
The Whole Soy Story – Kaayla T. Daniel, Ph.D, CCN
Trust Us, We're Experts! – Sheldon Rampton & John Stauber

Unlimited Power – Anthony Robbins

Vaccinations: A Thoughtful Parent's Guide: How To Make Safe, Sensible
Decisions about the Risks, Benefits, and Alternatives – Aviva Jill Romm
Virgin Coconut Oil – Brian & Marianita Jader Shilhavy
What The Bible Says About

What Your Doctor May Not Tell You About PreMenopause – John R. Lee, M.D.
What Your Doctor May Not Tell You About Menopause – John R. Lee, M.D.
Why Christians Get Sick – Dr. George H. Malkmus
Your
World Without Cancer - Griffin

Your Own Perfect Medicine – Martha M. Christy

VIDEOS

In times of challenge, videos can become beacons of light, offering practical advice, uplifting perspectives, and heartfelt empathy. Authors, inspired by their own journeys or driven by a desire to support others, have videoed heartfelt narratives about cancer. These videos serve as invaluable companions, providing solace and understanding to those grappling with their own diagnoses, helping loved ones, or seeking deeper insights into the illness. Each video brims with hope, guidance, healing, and reassurance that no one walks this path alone and that YOU can get well!

[Root Cause of All Disease](#) - Dr. Edward Group, D.C.

[Why Everyone Needs a Parasite Cleanse](#) - Dr. Edward Group, D.C.

[All 12 Solfeggio Frequencies - Healing Music to Calm & Heal Your Body Mind & Soul](#) - Dr. Edward Group, D.C.

[The Truth About Cancer](#)

[The Truth About Vaccines](#)

[The Cornucopia Institute](#)

Genetic Roulette: <https://www.youtube.com/watch?v=7sUNxX0OxP8>

The Root Cause: <https://rootcausemovie.com/buy-now/>

Why Gluten is Bad for Your Health - with Dr. William Davis, author of "Wheat Belly"
<https://www.youtube.com/watch?v=pGpDduReFOw>

SCARY TRUTH ABOUT DAIRY | MICHAEL KLAPER M.D.
<https://www.youtube.com/watch?v=4csM3REYCuw>

What the Dairy Industry Doesn't Want You to Know - Neal Barnard MD - FULL TALK: https://www.youtube.com/watch?v=h3c_D0s391Q

Fluoride: Poison On Tap - Full Documentary:
<https://www.youtube.com/watch?v=GqstwfKGzPI&t=519s>

Sugar: The Bitter Truth: <https://www.youtube.com/watch?v=dBnniua6-oM&t=673s>



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