



GLOBAL HEALING INSTITUTE

THE CERTIFICATION
JOURNEY

Natural Health Coach *Certification*

Everything you receive, and everything you complete,
on your path to becoming a certified Natural Health
Coach.

12 VIDEO
COURSES

REQUIRED
READING

FINAL
EXAM

1-YEAR HEALING
CIRCLE

Dr. Edward Group, DC

FOUNDER · GLOBAL HEALING INSTITUTE



A MESSAGE FROM DR. GROUP,
DC

The world needs coaches trained in the *root cause systems.*

Welcome. I am so grateful you are here, and that something in this work has called you.

We are entering a time when more people than ever will be looking for guidance rooted in natural health principles and true root cause healing.

I created the Board Certification in Natural Health Coaching because I believe every community deserves someone who can hold their hand, walk them through the healing process, and teach them how to reactivate their own *self-healing mechanism*.

For over thirty years my mission has been the same. Uncover the root cause of dis-ease, and empower others to reclaim their health, naturally and intentionally. This program brings together decades of research, ancient wisdom, and proven protocols so you can heal yourself, and become a guide for others.

If you have ever felt called to get to the root of healing for yourself, your family, or your community, this may be the next step you have been waiting for.

In health and happiness,

Dr. Edward Group, DC

FOUNDER · GLOBAL HEALING INSTITUTE

Everything to Complete, *in One Place*

Three milestones stand between you and your credentials. Each step is designed to be lived, working at your own pace and in your own timing.

01 Twelve Video Courses

Move through all twelve courses in sequence. Each carries multiple-choice and true-or-false quizzes you may *retake as many times as you need*, an *80% score to pass*, and a *final upon completing all 12 courses*. Handouts and study guides accompany you the whole way.

02 Required Reading

Read the required texts and complete a short quiz for each book, *in order*. Finishing the reading quizzes is what *releases your final exam*. Two of the titles are provided to you as downloads.

03 The Final Exam

Three hours to complete, *three attempts* included, and an *80% score to pass*. A nominal fee applies if you would like another attempt. Pass, and your certification is earned.

INCLUDED WITH ENROLLMENT

One full year inside the *Healing Circle*, with monthly live community calls with Dr. Edward Group, DC, and monthly Global Healing Product Masterclasses with Dr. Jonathan Group, DC.

YOUR GIFT FROM DR. GROUP, DC

1 Year Healing Circle Access

\$1,200 FREE



YOUR CURRICULUM

Twelve *Transformational* Courses

Learn directly from Dr. Group, DC in these courses. From the root cause of disease to the business of coaching, each course builds on the one before it, and each carries quizzes, a final, handouts, and study guides.

01 Healing the Root Cause of Disease

FOUNDATION

Discover the groundbreaking truths behind what is really causing illness, and how to restore the body's natural balance by addressing the root cause, not the symptoms.

- Uncover the truth behind all disease, and how *environmental toxicity* is the core cause.
- Empower the *self-healing mechanism* with detoxification for mind, body, and spirit.
- Heal from the source by *addressing the root causes*, not covering them up.

"True health begins when you address the root cause, not just the symptoms." DR. GROUP, DC

02 Healing with Nutrition

NUTRITION

Unlock the secrets of food as medicine, and learn how the right nutrition transforms your health, and the health of others, at the cellular level.

- Heal the body at the *cellular level* with live, organic foods.
- Master *nutrient timing* and food combining for digestion, energy, and wellness.
- Nourish with pure water, organic minerals, and *nature's vibrational energy*.

"Food is not just nourishment. It is the foundation of health and vitality." DR. GROUP, DC

03 The Secrets of Happiness

MINDSET

Comprehend the science of true joy by balancing your emotions and mindset, paving the way for a healthier, more fulfilling life.

- Discover how *emotional balance* and mental clarity are key to lasting health.
- Elevate your *emotional frequency* to heal body and mind simultaneously.
- Master *living in the present* through mindfulness, love, and connection with nature.

"The more you help others, the more happiness you will experience." DR. GROUP, DC

04 Healing the Gut

DETOXIFICATION

The gut regulates digestion, detoxification, immune function, and even mental health. Restore it, and you restore the whole body.

- Repair the *microbiome* to eliminate dis-ease and boost overall wellness.
- Master the *gut-brain connection*, and heal emotions and digestion together.
- Address *IBS, Crohn's, and leaky gut* with natural solutions.

"A clean gut is very important for an elevated and illuminated body, mind, and soul." DR. GROUP, DC

05 Why Everyone Needs a Parasite Cleanse

DETOXIFICATION

Break free from the hidden organisms that rob the body of energy, nutrients, and vitality, through targeted cleansing.

- Get to the root of your *internal and external toxicity* with targeted cleansing and detox strategies.
- Support the *liver, gut, and lymphatic system* for efficient toxin removal.
- Unlock *renewed energy*, sharper clarity, and a stronger immune system.

"When you align your frequencies with nature, you clear what blocks your healing." DR. GROUP, DC

06 Healing with Fasting

HEALING
PROTOCOLS

Harness the transformative power of fasting to cleanse, regenerate, and empower the body to heal at the deepest level.

- Regenerate cells, boost immunity, and *eliminate disease* through water fasting.
- Understand the *spiritual and physical benefits* used for thousands of years.
- Fast *safely and effectively* using Dr. Group's proven protocols.

"Fasting has been used for thousands of years to heal disease at its core." DR. GROUP, DC

07 Healing with Energy & Vibration

ENERGY
MEDICINE

Unlock the healing potential of vibrational energy to restore harmony, elevate health, and bring balance to the body's natural systems.

- Raise your *vibrational frequencies* to prevent and reverse dis-ease.
- Use *light and sound*, sound therapy, color therapy, and sunlight, to heal.
- Activate self-healing by *aligning with nature's energy*.

"Your body is an energetic masterpiece." DR. GROUP, DC

08 Healing with Urotherapy

ANCIENT
HEALING

Tap into the ancient wisdom of urotherapy, a practice that uses the body's own natural resources to detoxify, rejuvenate, and heal.

- Discover how it has been used *for thousands of years* to build immunity.
- Understand the *science* behind this ancient, rejuvenating practice.
- See why it is not a waste product, but *nature's own medicine*.

"Your body's perfect medicine, created every day to detoxify and rejuvenate you." DR. GROUP, DC

09 The Healing Power of Water

FOUNDATIONS

Pure, structured, and toxin-free water becomes a catalyst for deep detoxification, cellular regeneration, and long-term well-being.

- Understand why *water fasting* is one of the most powerful ways to reset.
- Cleanse the cells with *pure water* and regenerate from within.
- Harness *structured water* to feed the cells for health and longevity.

"Pure water is the ultimate detoxifier and healer." DR. GROUP, DC

10 Healing the Liver

DETOXIFICATION

The liver is the ultimate powerhouse, performing over 500 vital functions. Cleanse, restore, and regenerate the body's master organ.

- *Detoxify the liver* and activate the body's self-healing mechanisms.
- Supercharge *energy and metabolism*, and balance blood sugar.
- Prevent *chronic disease* by maintaining optimal liver function.

"Your liver is the most important organ to focus on, performing over 500 vital functions." DR. GROUP, DC

11 Healing Solutions for Bioweapons & the Transhumanism Agenda

PROTECTION

Unlock the knowledge to protect and heal the body from modern threats like bioweapons and the transhumanism agenda.

- Detoxify from *harmful toxins and bioweapon residues*.
- Protect yourself from *invasive technologies* and the transhumanism agenda.
- Activate self-healing using *natural methods* to reclaim well-being.

"Align with nature, and you activate the body's self-healing abilities." DR. GROUP, DC

12 How to Be a Highly Successful Health Coach

BUSINESS

Become the coach who changes lives by mastering communication, motivation, and gently guiding clients toward total transformation.

- *Listen deeply*, build trust, and guide life-changing transformations.
- Master *motivation*, helping clients release fear and self-doubt.
- Teach clients to *become their own health coach*, creating a ripple effect.

"Your job is to empower clients by recognizing they have the power to heal themselves." DR. GROUP, DC

REQUIRED READING

Your Essential *Reading Toolkit*

The books can be found on Amazon or other retailers for roughly \$150USD. You will have a short quiz for each book, and upon completion of this and all of the 12 courses' finals, your final exam is released.

- 1 The World's Healthiest Foods George Mateljan

- 2 The Mucusless Diet Healing System Prof. Arnold Ehret

- 3 The Secret to Health PDF PROVIDED Dr. Edward Group, DC

- 4 The Power of Fasting PDF PROVIDED Dr. Edward Group, DC

- 5 The Biology of Belief Dr. Bruce Lipton

- 6 The Anatomy Coloring Book Kapit & Elson

- 7 Boom: The Business Coach Playbook Clark & Zoellner

- 8 Health Coach: Your Right to Practice Guide PDF PROVIDED GHI, PDF

Read to embody, not to finish. Knowledge learned is not the same as knowledge lived. Move thoughtfully through each text as part of your own healing, before you carry that wisdom to others.

How You Are *Assessed*

COURSE QUIZZES

Multiple-choice and true-or-false questions throughout each course. Retake them *as many times as you need*. An 80% score passes.

COURSE FINAL

A *final exam* upon completion of all 12 courses confirms your understanding or root cause healing.

READING QUIZZES

One short quiz per required book, completed *in order*. Finishing them all releases your final exam.

HANDOUTS & STUDY GUIDES

Provided throughout the program to support you as you learn, review, and apply each protocol.

THE FINAL EXAM

The last step to your credential

3 hrs

To complete, at your own desk

3

Attempts included with enrollment

80%

Score to pass and earn your certification

A nominal fee applies should you wish to take the exam again beyond your included attempts.

A man and a woman are in a kitchen, smiling and looking at a laptop held by the man. The woman is holding a bunch of purple lettuce. They are surrounded by various fresh vegetables like broccoli, tomatoes, and avocados on the counter. The background shows a kitchen with a sink, hanging utensils, and shelves with jars.

BEYOND THE COURSEWORK

Everything You *Receive*

A full year of live learning with Dr. Group, DC, a growing community of coaches, and a path that continues long after you graduate.

NHC Student Support Features and Bonuses

FREE ACCESS

In your first year of enrollment, every month you have the opportunity to join two live calls

- *Masterclasses* with Dr. Edward Group, DC.
- *Product Masterclasses* with Dr. Jonathan Group, DC.
- Live monthly *student study halls*
- Private coach *Telegram* community

One Year Free Healing Circle Membership

ONE YEAR FREE

An optional bonus resource to enrich your life and NHC studies as you go, with over five years of Dr. Group's recorded teachings, research, masterclasses, and product masterclasses all in one place

- *5½ years of replays* of every Masterclass
- Dr. Group's full library of *health protocols*
- The "*Ask Dr. Group*" research assistant
- *Exclusive Ancient healing library collection*
- Interviews, podcasts & mini-courses
- Dr. Group's *Healing Tones recordings*

Beyond Graduation

GRADUATE MASTERMINDS

Build your practice beside fellow certified coaches around the world.

BOARD CERTIFICATION

Pursue AANWC board certification and a verified digital credential.

FIND A COACH

Have the opportunity to be approved for the Alumni Directory and receive coaching requests from GHI.



YOUR QUESTIONS, ANSWERED

Frequently Asked *Questions*

Our support team gathered the questions we hear most, so you can begin with clarity and confidence.

How long will it take to complete the certification?

The NHC is self-paced. Some finish in three to six months, others take a year or more. With the reading, videos, and coursework, the certification calls for an estimated minimum of 1,000 hours of study and application. There is no race to the finish. Healing is a journey.

Is there a right age to begin?

There is no right age. Our students range from 18 to well into their 80s, all learning side by side. Some are building a career, some are supporting a loved one, and many are walking their own healing journey. If you have a desire to learn and to help others, you will fit right in.

Will I learn how to be a successful coach?

Yes. Alongside root cause wellness, detoxification, and nutrition, you will build the skills at the heart of good coaching: listening well, building trust, and meeting people where they are. Practical business training covers client sessions, pricing, marketing, and building your online presence.

I am already a health professional. How would this benefit my practice?

Dr. Group, DC teaches what no one else teaches. This certification expands your practice with a root cause foundation that complements both conventional and holistic disciplines, so you can educate and support your clients with greater confidence and lasting impact.

What can I do with the certification?

Graduates build coaching practices, work in wellness retail, align with natural health professionals, create their own brands, speak and write, and support family and community. Graduates may also pursue Board Certification through the AANWC and a verified digital credential. This certification does not provide a medical license or authorize you to diagnose, treat, or prescribe.



Do you offer financing or payment plans?

We do. For U.S. residents, financing is available through Affirm and PayPal. For international students, or U.S. residents who prefer it, we offer a worldwide monthly payment plan at \$329 per month directly through GHI, with no credit check and instant approval. Scholarships are also available at certain times.

I do not live in the United States. Can I take the certification?

Yes, absolutely. The Global Healing Institute serves a truly global audience, with students learning from all over the world. The worldwide monthly payment plan is designed for international students.

Can I get a refund if it is not the right fit?

You may cancel within 14 days of beginning and receive a 100% refund. This applies to the first payment, and to less than 10% of your content being viewed. To request a refund, contact GHI customer support and we will guide you through the process.

What makes Dr. Group's approach unique?

The entire certification is built around a root cause philosophy. The body was designed to heal itself. Everything blocking that healing lives in the internal or external environment, and the self-healing mechanism reactivates when the toxicity is cleansed. You learn to trace health challenges back to the four instigators: the toxic gut, the toxic liver, parasites, and chemicals and heavy metals.

STILL HAVE A QUESTION?

Our support team is here Monday through Friday, 9:00 a.m. to 5:00 p.m. CST, and we would love to help you take the next step.



YOUR NEXT STEP

Every community deserves *a root cause coach.*

Your body was designed to heal itself, and everything blocking that healing is in your internal or external environment. Now you can learn to remove it, for yourself, and for those you are called to serve in root cause healing.

Explore the curriculum, available grant opportunities, and your best path toward becoming a Certified Natural Health Coach.

globalhealinginstitute.org

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